



CONFIRMATION

Remote

MAY 3: PERSONAL PRAYER

DISCUSSION QUESTIONS

- How often do you pray? What do you do when you pray? Try to explain your steps from start to finish.
- How do you prepare to pray? What do you do immediately following prayer?
- What are some ways or times you've felt God's presence?
- What prayer activities have you liked the most this year?
- What kinds of prayer do you want to try more on your own? What about as a family? With friends?
- Which gifts of the Spirit should you personally pray for?

KEY POINTS:

- Prayer is the raising of one's mind and heart to God.
- There are many different forms of prayer, including blessing, petition, intercession, thanksgiving, and praise.
- Blessing is an encounter between us and God.
- A prayer of petition is asking God for something.
- Intercession is praying for others.
- Thanksgiving is thanking God for His grace and blessings.
- Praise, simply put, is recognizing that God is God and deserving of our love, prayer, and worship.

SCRIPTURE:

- Matthew 6:5-15
- CCC 2559-2565
- CCC 2626-2643

PRAYER OF THE WEEK

Say the Our Father slowly every day for 7 days. Reflect on what the words mean in a journal or your notes app each time you say it. If you forget one day, that's fine--say it twice the next day (morning and night). Try to get in a habit of daily prayer, and not letting your words lack intention. The words Jesus gave us can be very powerful.

Zoom Bible Study



Thursday
8PM

"Prayer is a surge of the heart; it is a simple look turned toward heaven."

ST. THÉRÈSE OF LISIEUX