

# THE CHRIST INITIATIVE: Confirmation Preparation Program

## YEAR 1

**ALPHA YOUTH SERIES** gives young people a **solid faith foundation** on which to build while they progress toward sacramental preparation.

- Designed to help teens have conversations about faith, life and God.
- Inspires teens to deepen their relationship with God through engaging and relevant content

## YEAR 2

**CHOSEN** by Ascension Press (supplemented with **YOU CAT CONFIRMATION BOOK**) provides young people with the **comprehensive, core preparation** they need to receive the Sacrament of Confirmation.

- Focuses on the Holy Spirit and prepares teens to celebrate the Sacrament of Confirmation both intellectually and spiritually
- Promotes Catholic identity and practices
- Encourages teens to become life-long disciples of Christ

### Topics include:

1. Life: Is this it?
  2. Jesus: Who is he?
  3. Cross: Why did Jesus die?
  4. Faith: How can I have faith?
  5. Prayer: Why and how do I pray?
  6. Bible: Why and how do I read the Bible?
  7. Fill: How can I be filled with the Holy Spirit?
  8. Healing: Does God heal today?
  9. Church: What about the Church?
1. The Person and Mission of Christ
  2. Discovering the Church Jesus Founded
  3. A Look at the Four Last Things
  4. The Healing Power of Confession
  5. Who Is the Holy Spirit?
  6. Chosen: Sealed and Sent in Confirmation
  7. Encountering Jesus in the Eucharist
  8. God's Plan for Sex and Marriage
  9. Holy Orders and Vocational Discernment

### Requirements:

- Complete the two-year preparation classes
- Attend weekly Mass (with completed Homily Insight Sheet) (Confirmation 1 and 2)
- Attend scheduled classes – with no more than two absences per year  
*(make-up assignments must be submitted for missed classes) (year 2 candidates will attend sessions with one parent)*
- Complete “Engaging Discipleship” service project (20 hours total = 10 hours for Confirmation 1 + 10 hours for Confirmation 2)
- Attend the Confirmation retreat (Confirmation 2)
- Complete the Confirmation Interview (Confirmation 2)
- Complete the “Foundations of Faith” exam (Confirmation 2)
- Complete “saint” research project (based on Confirmation saint name) (Confirmation 1)
- Attend the Confirmation rehearsal (Confirmation 2)
- No more than 2 absences. Students can attend another class within the same week if there is a conflict
- Parents: attend 3 parent sessions, during Confirmation II only. Dates to be determined.

### Expectations:

- Select a Confirmation sponsor (Confirmation 1)
- Select a Confirmation name (based on saints research project) (Confirmation 1)
- Compose a letter to Bishop Hennessey – including what is it about the faith of your sponsor that inspired you to select him/her AND what is your Confirmation name – and why you chose it (write about saint). (Confirmation 2)
- Celebrate the sacrament of Reconciliation before the reception of the sacrament of Confirmation (Confirmation 2)

***\*The Christ Initiative recognizes the parent's role as primary educators of their children in the faith. We have attempted to create a program designed to best support and assist our parents. We do not want the sacramental preparation program to be a replacement of the parents' role as primary educator. Instead, we hope to stand beside you and partner with our parents in helping lead your teens closer to Christ.***